

The key to a successful HBS or HMS program is sustainability! Program managers anticipate costs and leverage funds from the ministry and local stakeholders to ensure continued buy-in. Without enough funding, corners are cut at the expense of efficacy. Below are the top 5 most important things to budget for training.

Simulators and Medical Supplies

Each module in the Helping Mothers Survive (HMS) and Helping Babies Survive (HBS) suite uses a simulator and/or local materials for simulation exercises. These are used during the delivery of any module whether for providers or trainers and for ongoing practice after training. You need:

- *Simulators for Training:* You will likely need one simulator for 6 learners for HMS, and one simulator for one or two people for HBS. For example if your facility has 12 people on the labor ward for an HMS course, you will need at least 2 facilitators with two simulators. Use this number to calculate the number of simulators trainers will need when budgeting for the number of simulators needed. Keep in mind the overall scope of your program as trainers can travel between facilities to conduct the course. Laerdal produces simulators for the HBS and HMS modules: www.laerdalglobalhealth.com.
- *Simulators for LDHF:* Depends on scope. Purchase additional models, equal to about half of the total amount above, to leave with each health facility for 6-8 weeks of repeated practice sessions. These can be rotated to other facilities as your program rolls out.
- *Advocacy:* Purchase 1-2 extra models for advocacy meetings with the ministry of health and stakeholders.
- *Materials and Supplies:* Procure additional materials in advance if the facility does not have them. Do not use life-saving commodities already in low supply!

Learning Materials

Learning Materials are as essential as the simulators. If printing in-country, ensure that you print in color and the correct sizes. For HMS, download materials here: www.helpingmotherssurvive.org. And for HBS download materials here: <http://internationalresources.aap.org/> If purchasing from Laerdal Global Health*, order the correct amount of each item. You need:

- One Flipbook/Flip Chart for every Master and District Trainer
- One Provider's Guide for every trainer and participant
- One Action Plan for every lead trainer, plus one Action Plan or set of Action Plans for every health facility
- 1-2 extra copies of all of the above for advocacy purposes

*Laerdal packages the above materials into a Facilitator Set but you may need to order extras, specifically Action Plans.

Travel

Ideally, HMS and HBS modules are taught at the health facility. Therefore trainers travel to multiple centers within a district. Budget for:

- *Master Training and District Training:* Initial trainer courses are often in a centralized location. Budget travel for each trainer and participant. Count on one trainer for six participants.
- *Champion Course:* Number of health facilities per trainer. If trainer mentorship will happen at the health facility, add in travel for the Master Trainer in addition to the trainer being mentored.
- *Ongoing practice and improvement activities:* Budget in 1-2 trips per facility for ongoing follow-up

For more detailed information on budgeting, please see the HMS Implementation Guide available at helpingmotherssurvive.org and the HBS Implementation Guide available at hbs.aap.org/

Per diem and meals

Per diem norms vary by country. Typically, HBS and HMS training programs do not offer per diem when they are held at the participants' worksite. Still, consider and budget for:

- If the training is away from the participants' worksite and they are not compensated for their time attending the training, *calculate the per diem, per day, per participant cost for each participant.*
- If the training is local, do not budget for per diem for participants unless necessary.
- For lead trainers, *calculate the per diem, per day, per trainer* if they do not receive pay to conduct facility-level trainings.
- Budget lunch and break snacks for lead trainers and participants (but not for ongoing practice sessions).

Printing

There is a set of assessments, session plans, agendas, etc. for each module. Review the supplemental materials on the **preparation checklist** to budget printing for these materials.

- HBS supplemental materials are available at hbs.aap.org under the "Facilitator Tools" tab.
- HMS supplemental materials are available at helpingmotherssurvive.org under the "Training Materials" tab.

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