

The Helping Mothers Survive (HMS) and Helping Babies Survive (HBS) modules use affordable simulators and simulation supplies, publicly available learning materials, and locally-sourced medical supplies and equipment for activities. Information on what is needed is included in each module's **preparation checklist** (see below). This checklist will be the key to your procurement success! No matter what module you are implementing, below are the top five items you need.

### Learning Materials

Each HMS/HBS module includes three highly-graphic learning materials, which serve different, but complementary purposes. All are necessary – make sure you have the correct number of Action Plans, Providers Guides, and Flipbook (HMS) Flip Charts (HBS) in the appropriate language. Some modules may have additional job aides and client information sheets which are available online or included with the package of materials, depending on the tool.

<b>How Many</b>	<p>1 Flipbook/Flip Chart (including Action Plan) for every trainer</p> <p>1 Action Plan or set of Action Plans for every facility</p> <p>1 Provider Guide for every person trained</p> <p>1-2 extra copies of all of the above for advocacy purposes</p>
<b>Where</b>	<p><b>Print Locally!</b> All HMS and HBS learning materials are publicly available and can be downloaded for free. HMS materials can be found on <a href="http://www.helpingmotherssurvive.org">www.helpingmotherssurvive.org</a> and visit <a href="http://internationalresources.aap.org">http://internationalresources.aap.org</a> to access HBS materials. Some modules are available in multiple languages!</p> <p style="text-align: center;"><b>OR</b></p> <p><b>Purchase from Laerdal!</b> If quality or price of printing is a barrier where you teach, you can also purchase the printed learning materials directly from <a href="http://www.laerdalglobalhealth.com">www.laerdalglobalhealth.com</a></p>

### Simulators

HMS and HBS use simulation to reinforce knowledge and skills.

<b>How Many</b>	<p>Depending on the scope of training, you will likely need one simulator for 6 learners for HMS and one simulator for one or two people for HBS, along with a few extra for advocacy. Ensure there is one simulator related to the clinical area being reinforced for each health-facility to support ongoing practice sessions. When procuring simulators, you should budget at least 3 months for shipping and custom clearance.</p>
<b>Where</b>	<p>You can use any simulator that meets the goals for the clinical skills being taught. Laerdal Global Health designed low-cost, durable simulators to complement both HMS and HBS modules: <a href="http://www.laerdalglobalhealth.com">www.laerdalglobalhealth.com</a>.</p>

**For more detailed information, please see the HMS website at [helpingmotherssurvive.org](http://helpingmotherssurvive.org) and HBS website at [hbs.aap.org](http://hbs.aap.org)!**

### *Simulation and Medical Supplies:*

The HMS and HBS programs simulate real-life scenarios for greater retention of knowledge and skills. Ideally, training is held at the facility to enhance transfer of learning into clinical practice and therefore locally sourced medical equipment, drugs and supplies are used. Each module requires different supplies depending on the clinical skill being taught.

<b>How Many</b>	<p><b>Simulation Supplies:</b> Depending on the module you may need other simulation supplies. For example, HMS BAB uses red fruit jam to simulate blood clots and HBS ECEB uses a vial to simulate Vitamin K administration. See each module’s <b>preparation checklist</b> for necessary items and amounts.</p> <p><b>Medical Supplies:</b> Details about the number of materials needed are included in each module’s <b>preparation checklist</b>. Typically, one set of supplies is needed for each simulation station/trainer.</p>
<b>Where</b>	<p>If training is held at a health facility, most supplies are already available! Otherwise, simulation and medical supplies can be purchased locally. Confirm availability prior to the training and <u>do not use life-saving commodities that are in short supply!</u> For example, in HMS Pre-eclampsia &amp; Eclampsia learners practice mixing and injecting mock MgSO<sub>4</sub> using vials filled with water, but labeled with the locally available concentration.</p>

### *Supplemental Materials:*

Standardized supplemental materials, such as agendas and assessments, have been developed for each HMS and HBS module.

<b>How Many</b>	<p>Details on the type and number of materials needed for printing are included in each module’s <b>preparation checklist</b>.</p>
<b>Where</b>	<p>HMS supplemental materials are available at <a href="http://www.helpingmotherssurvive.org">www.helpingmotherssurvive.org</a> under the “Training Materials” tab.</p> <p>HBS supplemental materials are available at <a href="http://hbs.aap.org">http://hbs.aap.org</a> under the “Facilitator Tools” tab.</p>

***For more detailed information, please see the HMS website at [helpingmotherssurvive.org](http://helpingmotherssurvive.org) and HBS website at [hbs.aap.org](http://hbs.aap.org)!***