Helping Mothers and Babies Survive

Pre-Eclampsia & Eclampsia

ACTION PLAN 1

Assess (if > 20 weeks pregnant)

- Blood pressure
- Urine for Protein
- Danger Signs
- Convulsions

CLASSIFY

PRE-ECLAMPSIA
\[ \text{dBP} \geq 90 \text{ or sBP} \geq 140 \text{ and} \]
\[ \geq 2 + \text{proteinuria} \]
No Danger Signs

SEVERE PRE-ECLAMPSIA
\[ \text{dBP} \geq 110 \text{ or sBP} \geq 160 \text{ and} \]
\[ \geq 2 + \text{proteinuria} \]
\[ \geq 1 \text{ Danger Sign} \]

ECLAMPSIA
Convulsions or Unconscious

Safely manage all convulsions

Routine care

Reassess
Normal?
Yes
No

Routine assessment for Danger Signs

Do laboratory tests
Normal?
Yes
No

Increase follow up
Stable?
Yes
No

Confirm gestational age
Deliver at 37 weeks

Provide essential care
Continue to monitor
Result normal?
Yes
No

Continually assess for Danger Signs

Give loading dose of magnesium sulfate \((\text{MgSO}_4)\) IV + IM

Give medication to reduce severe BP

Seek advanced care