

MODEL IUD COURSE SCHEDULE (STANDARD COURSE: 6 DAYS, 12 SESSIONS)		
DAY 1	DAY 2	DAY 3
<p><b>0830–1200</b></p> <p><b>OPENING</b></p> <ul style="list-style-type: none"> <li>Welcome</li> <li>Participant expectations</li> </ul> <p><b>Overview of course</b></p> <ul style="list-style-type: none"> <li>Goals and objectives</li> <li>Review of course materials and schedule</li> </ul> <p><b>Precourse Questionnaire</b>—Identify individual and group learning needs.</p> <p><b>Lecture/Discussion</b>—Introduction to copper-bearing IUDs</p> <p><b>Lecture/Demonstration</b>—Family planning education and counseling</p> <p><b>LUNCH</b></p> <p><b>1330–1630</b></p> <p><b>Assessment</b>—Assess current skills in stations</p> <p><b>Discussion</b>—Use and care of anatomical models</p> <p><b>Review</b> of the day's activities</p> <p><b>Reading Assignment:</b> Chapters 1–5 and FHI's "Quick Reference" Chart (at end of the manual)</p>	<p><b>0830–1200</b></p> <p><b>Overview</b> of day's scheduled activities and warmup exercise</p> <p><b>Tour of Clinic Facilities and Observation</b></p> <p><b>Presentation</b>—Infection prevention (IP)</p> <p><b>Discussion</b>—Counseling, IP practices and method provision observed</p> <p><b>Demonstration</b>—From abdominal exam through IUD insertion and removal</p> <p><b>LUNCH</b></p> <p><b>1330–1630</b></p> <p><b>Demonstration and Practice</b>—Loading the IUD in its sterile package</p> <p><b>Activity and Discussion</b>—Review IP practices and discuss</p> <p><b>Classroom Practice</b>—Divide into two groups to practice:</p> <ul style="list-style-type: none"> <li>Counseling a client</li> <li>Pelvic exam and insertion/removal of the IUD using pelvic models</li> </ul> <p><b>Review</b> of the day's activities</p> <p><b>Reading Assignment:</b> Chapter 6 and Appendices A–D</p>	<p><b>0830–1200</b></p> <p><b>Overview</b> of day's scheduled activities and warmup exercise</p> <p><b>Discussion and Presentation</b>—Client assessment</p> <p><b>Clinic Practice</b>—Provide counseling, IP, or IUD services in the clinic with supervision or in classroom practice.</p> <p><b>LUNCH</b></p> <p><b>1330–1630</b></p> <p><b>Clinical Conference</b></p> <p><b>Exercise/Discussion</b>—Client assessment and screening</p> <p><b>Exercise and discussion</b>—Insertion of the IUD</p> <p><b>Discussion</b>—Assessing individual risk of STIs</p> <p><b>Review</b> progress so far</p> <p><b>Reading Assignment:</b> As needed</p>

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DAY 4	DAY 5	DAY 6
<p><b>0830–1200</b></p> <p>Overview of day’s scheduled activities and warmup exercise</p> <p><b>Clinic Practice</b>—Provide counseling, IP, or IUD services in the clinic with supervision or in classroom practice.</p> <p><b>(Note:</b> Participants assess each other’s performance using learning guides or practice checklist. Over the next few days, those who wish to be assessed in certain skills should let the trainer know, and trainers will assess their performance using the checklist.)</p>	<p><b>0830–1200</b></p> <p>Overview of day’s scheduled activities and warmup exercise</p> <p><b>Clinic Practice/Assessment</b>—Provide counseling, IP, or IUD services in the clinic with supervision or in classroom practice.</p>	<p><b>0830–1200</b></p> <p>Overview of day’s scheduled activities and warmup exercise</p> <p><b>Clinic Practice/Assessment</b>—Provide counseling, IP, or IUD services in the clinic with supervision or in classroom practice.</p>
<p><b>LUNCH</b></p> <p><b>1330–1630</b></p> <p><b>Clinical Conference</b></p> <p><b>Demonstration/Discussion:</b> Review IP guidelines</p> <p><b>Demonstration and Practice</b>—In a simulated clinical area, demonstrate and practice insertion of IUD.</p> <p><b>Review</b> of the day’s activities</p>	<p><b>LUNCH</b></p> <p><b>1330–1630</b></p> <p><b>Midcourse Questionnaire</b></p> <p><b>Classroom Practice</b>— In a simulated clinical area, demonstrate and practice pelvic exam and insertion of IUD.</p> <p><b>Discussion/Activity</b>—Quality assurance for IUD services</p> <p><b>Review</b> of the day’s activities</p> <p><b>Reading Assignment:</b> As needed</p>	<p><b>LUNCH</b></p> <p><b>1330–1630</b></p> <p><b>Clinical Conference</b></p> <p><b>Classroom Assessment</b>—In a simulated clinical area, the trainer will evaluate insertion of IUD.</p> <p><b>Demonstration/Discussion</b>—Managing lost strings</p> <p><b>COURSE EVALUATION</b></p> <p><b>CLOSING</b></p>
<p><b>Reading Assignment:</b> As needed to prepare for the Midcourse Questionnaire</p>		